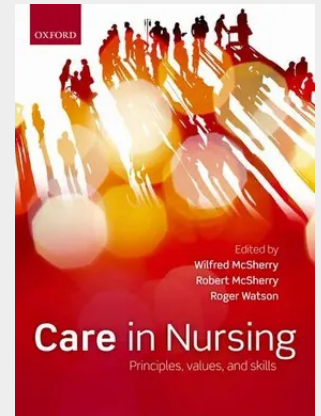


Care in Nursing

Principles, Values and Skills

In 17 chapters, the authors explore how care underpins every element of nursing. Looks at care in the context of current policy, recent events, up-to-date research and the NMC standards for pre-registration nursing 2010. Authors demonstrate how to transform practice through the use of practice examples, tips and reflective activities. Reflecting not just core first year modules but also key competencies and skills required for registration, this will be an essential textbook for all three years of the pre-registration course as well as for qualified staff. Care in Nursing addresses the fundamental caring principles, values, and skills nurses require to provide sound care to their patients and to meet the challenges of nursing in the future. Exploring essential knowledge and competencies, the authors explore research, evidence and real life practice before outlining practical skills which will empower nurses to deliver quality care. Written by nurses and health professionals from both practice and academia, Care in Nursing explores how care underpins every element of nursing including: patient centred care, cultural diversity, sociology, psychology, communication, partnership working, law and ethics, management and leadership, and more. A specific chapter also addresses how nurses can develop self-care techniques to meet the pressures and demands of a challenging yet ultimately rewarding career. Relevant to nurses in all fields and a diverse range of clinical and non-clinical settings, this is essential reading for nursing students, qualified nurses, mentors, nursing academics as well as nurse managers and leaders.



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