

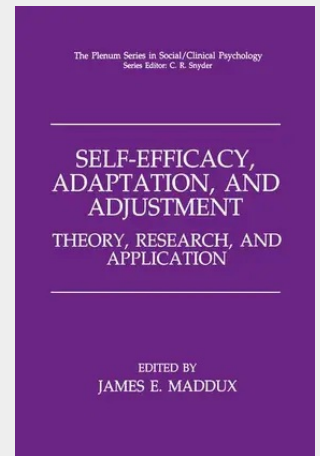
Maddux

Self-Efficacy, Adaptation, and Adjustment

Theory, Research, and Application

Covering over fifteen years of research, this compilation offers the first comprehensive review of the relationships between self-efficacy, adaptation, and adjustment. Following a general overview of self-efficacy, renowned researchers discuss important topics such as depression, anxiety, addictive disorders, vocational and career choice, preventive behavior, rehabilitation, stress, academic achievement and instruction, and collective efficacy. Psychologists concerned with social cognition and practitioners in clinical counseling will find this an invaluable reference.

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