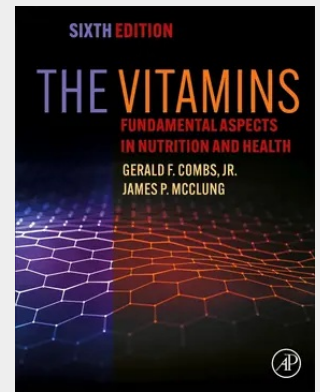


The Vitamins

Fundamental Aspects in Nutrition and Health

The Vitamins: Fundamental Aspects in Nutrition and Health, Sixth Edition presents both overviews and in-depth discussions of the sources, chemistry, metabolism and functions of these essential nutrients in physiology and health. Sections cover perspectives (history of discovery, general properties and impacts), individual Vitamins (their respective chemistries, metabolism), and their dietary sources and global needs. In addition, the inclusion and interpretation of recent clinical research findings relevant to all vitamins, particularly vitamins A, D, E, K, C, thiamin, folate and vitamin B12 is included, along with an expanded discussion on single-carbon metabolism, implications to neuropathies, and more.

The Vitamins: Fundamental Aspects in Nutrition and Health, Sixth Edition presents both overviews and in-depth discussions of the sources, chemistry, metabolism and functions of these essential nutrients in physiology and health. Sections cover perspectives (history of discovery, general properties and impacts), individual Vitamins (their respective chemistries, metabolism), and their dietary sources and global needs. In addition, the inclusion and interpretation of recent clinical research findings relevant to all vitamins, particularly vitamins A, D, E, K, C, thiamin, folate and vitamin B12 is included, along with an expanded discussion on single-carbon metabolism, implications to neuropathies, and more.



125,50 €

125,50 € (zzgl. MwSt.)

Nicht mehr lieferbar

Artikelnummer: 9780323904735

Medium: Buch

ISBN: 978-0-323-90473-5

Verlag: Elsevier Inc

Erscheinungstermin: 01.03.2022

Sprache(n): Englisch

Auflage: 6. Auflage 2022

Serie: Academic Press

Produktform: Gebunden

Gewicht: 2040 g

Seiten: 774

Format (B x H): 221 x 287 mm

