

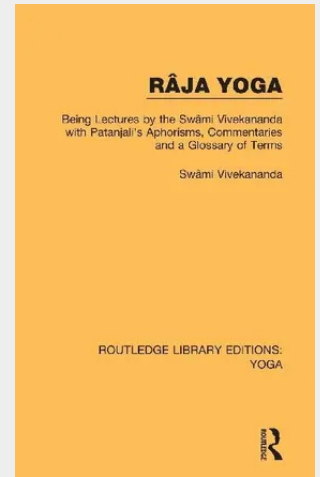
Vivekananda

Râja Yoga

Being Lectures by the Swâmi Vivekananda, with Patanjali's Aphorisms, Commentaries and a Glossary of Terms

This book, first published in 1922, examines the science of Râja Yoga. All the orthodox systems of Indian philosophy point to one goal, the liberation of the soul through perfection – and the method to attain this is through Yoga. This book presents lectures on Yoga, delivered to a western audience view to explaining Indian philosophy; the lectures are accompanied by the Sutras (aphorisms) of Patanjali, along with an explanatory commentary.

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171,20 €

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Lieferfrist: bis zu 10 Tage

Artikelnummer: 9780367027483

Medium: Buch

ISBN: 978-0-367-02748-3

Verlag: Routledge

Erscheinungstermin: 21.11.2018

Sprache(n): Englisch

Auflage: 1. Auflage 2018

Serie: Routledge Library Editions:
Yoga

Produktform: Gebunden

Gewicht: 596 g

Seiten: 286

Format (B x H): 161 x 240 mm

