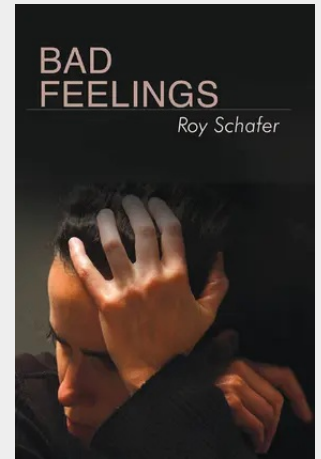


Schafer

Bad Feelings

Selected Psychoanalytic Essays

Everyone experiences "bad" feelings - guilt, shame, humiliation, envy and more. Yet despite the fact that such emotions are a common occurrence, these painful feelings are often labelled as wrong, a moralistic determination that can complicate existing problems in the individual's emotional life. Through careful research and assessment of psychoanalytical methods, this book offers a new understanding of how painful emotional states can find relief through the talking cure.



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