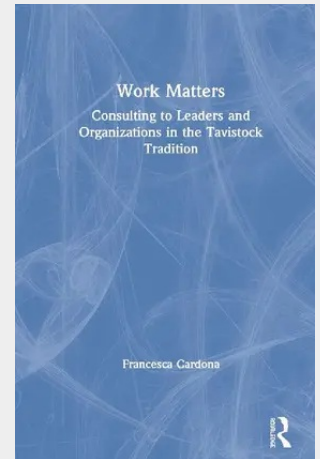


Cardona

Work Matters

Consulting to leaders and organizations in the Tavistock tradition

Work is complicated: It can be fulfilling and exciting, or disappointing and disruptive. We spend most of our adult lives at work; it shapes our identities and provides a context for our creativity and talents. It can be the source of great pleasure – and of profound distress. In *Work Matters*, organizational consultant and Tavistock lecturer Francesca Cardona examines our changing relationship with work today. Drawing on case studies from a wide range of individuals and organizations, she considers the dynamics at play in our working lives. Cardona examines how to navigate times of transition, and the balance of power in the work place, while also addressing latent issues such as the effects of shame, the cost of ill-conceived organizational structures and tasks, the interface between the personal and the professional, and the manager's most precious skill: the ability to be psychologically present. Finally, Cardona casts an eye on the consultant's role in helping organizations move forwards in ways that are professionally and personally rewarding. Whether you are a business leader, manager, consultant or student, or simply interested in how your work affects you, *Work Matters* offers essential insights into an area that occupies so much of our lives.



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