

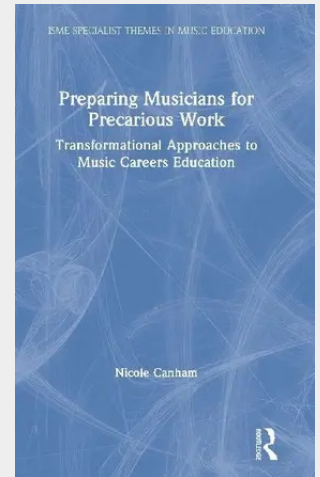
Canham

Preparing Musicians for Precarious Work

Transformational Approaches to Music Careers Education

Preparing Musicians for Precarious Work: Transformational Approaches to Music Careers Education promotes career counselling-informed techniques that encourage and guide musicians to drive their careers in necessary new directions. In exposing the 'dark side' of precarious work in the arts sector, these approaches acknowledge the high levels of risk many musicians face and focus on the fundamental and urgent skills they need to navigate uncertainty and hardship. The author calls for a greater recognition of the psychological magnitude of managing such work, drawing upon training as a career counsellor and the lived experience of a career musician to advance transformative learning principles as pathways for artists, students, and educators alike. Representing a radical shift from the content-knowledge approach to career development, a counselling-informed method is fortified by a broad range of ideas from vocational psychology and narrative therapy, emphasising the importance of change readiness and flexible identities while identifying the need for a post-portfolio paradigm. Preparing Musicians for Precarious Work proposes a new model for musicians' career learning – the CHOICE model – in a timely and practical guide for 21st-century musicians looking to future-proof their careers.

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