Roses-Thema

Floating Bones

A Dancer's Tensegretic Body as Teacher

Floating Bones charts the author’s journey into tensegrity, which begins in ballet and culminates in a model for addressing one’s body as a teacher. Tensegrity flips traditional biomechanical models such that instead of support coming from the bones, the bones float, and it is the muscles and other soft connective tissue that provide support for the moving body. Using the model of tensegretic experience, Roses-Thema connects somatics, cognition, rhetoric, and reflective practices detailing the means that constructed approaching the body as a teacher. This study presents the argument for extending the models of thinking to include bodily thinking, by citing how the experiential perspective of tensegrity constructs physical evidence of the rhetorical concept, metis, where the body thinks as it moves. This book will be of great interest to students, scholars, and practitioners of dance, theater, and sociology.

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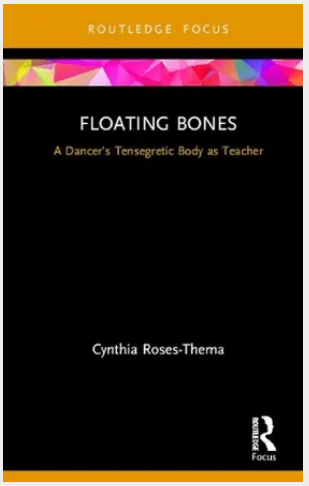

99,40 €
99,40 € (zzgl. MwSt.)

Lieferfrist: bis zu 10 Tage

Artikelnummer: 9780367469504
Medium: Buch
ISBN: 978-0-367-46950-4
Verlag: Routledge
Erscheinungstermin: 30.11.2020
Sprache(n): Englisch
Auflage: 1. Auflage 2020
Produktform: Gebunden
Gewicht: 225 g
Seiten: 112
Format (B x H): 145 x 222 mm

Kundenservice Verlag Dr. Otto Schmidt KG
Neumannstraße 10, 40235 Düsseldorf | kundenservice@otto-schmidt.de | 0221-93738-997 (Inland)