

Robb

Group Art Therapy

Practice and Research

Group Art Therapy: Practice and Research is the first textbook of its kind, taking into account practice-based evidence and using a transtheoretical approach to present a range of art therapy group interventions. The book covers essential topics including leadership, art making, successful therapeutic factors, and the basic stages of developing and facilitating groups. Offering practical information not only to students but also to experienced practitioners, the chapters provide details about preparation and practice, note-taking and documentation, and research tips. Adhering to the most up-to-date educational standards and ethical codes of art therapy, the book covers the full range of settings and art therapy approaches. This text will prepare art therapy graduate students and practitioners to lead groups in a variety of settings, theoretical approaches, and applications.

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