

Clarke

Challenging Ideas in Psychiatric Nursing

Challenging Practice in Mental Health Nursing questions theories and practices which have become central in mental health care today. The book is inspired by the growing concerns of both the public and professionals about accepted methods of practice and their effects on patients and clients. Liam Clarke argues that while many different theories and models exist their validity and effectiveness in caring for patients has yet to be proved. Chapters examine: - holism - Rogerian and other counselling theories - forensic psychiatry - rational emotive therapy This will be an essential and thought-provoking read for nurses and other mental health professionals who want to develop as critical practitioners.

Chapters examine holism, Rogerian and other counselling theories, forensic psychiatry and rational and emotive therapy.



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