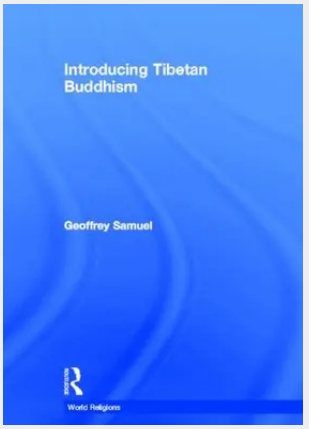
Samuel

Introducing Tibetan Buddhism

This lively introduction is the ideal starting point for students wishing to undertake a comprehensive study of Tibetan religion. It covers the development and influence of Tibetan Buddhism and the key schools and traditions, including Bon. Geoffrey Samuel helps students get to grips with a complex set of beliefs and practices and provides a clear sense of the historical, cultural and textual background. Important contemporary issues such as gender, national identity and Tibetan Buddhism in the world today are also addressed. Illustrated throughout, the book includes a chronology, glossary, pronunciation guide, summaries, discussion questions and suggestions for further reading that will aid understanding and revision.



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