Coker

Motor Learning and Control for Practitioners

Motor Learning & Control for Practitioners, with Online Labs, Third Edition, is a reader-friendly text that balances theoretical concepts and their applications. Its practical approach and wide range of examples and teaching tools help readers build a solid foundation for assessing performance; providing effective instruction; and designing practice, rehabilitation, and training experiences. Whether readers plan to work in physical education, kinesiology, exercise science, coaching, athletic training, physical therapy, or dance, this text defines current thinking and trends, blending practical information with supporting research. Cerebral Challenges, Exploration Activities, and Research Notes will help students review and extend their learning and inform them about developments in the field. Marginal website references direct readers to online resources, including videos, web-based activities, and relevant apps. Sixteen online lab experiences allow readers to apply what they've learned; many include videos demonstrating procedural aspects.

Auf Anfrage

Nicht mehr lieferbar

Artikelnummer: 9780415790376
Medium: Buch
ISBN: 978-0-415-79037-6
Verlag: CRC Press
Erscheinungstermin: 08.12.2016
Sprache(n): Englisch
Auflage: 3. Auflage 2016
Produktform: Gebunden

Kundenservice Verlag Dr. Otto Schmidt KG
Neumannstraße 10, 40235 Düsseldorf | kundenservice@otto-schmidt.de | 0221-93738-997 (Inland)