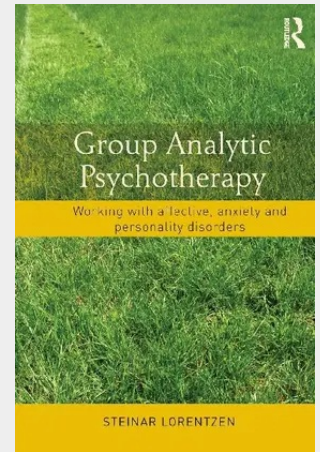


Group Analytic Psychotherapy

Working with affective, anxiety and personality disorders

Group analytic theory is internationally recognised as an effective treatment for people suffering from mental distress, struggles with personal development and interpersonal problems. Integrating psychoanalytic and social psychological thinking and providing a group setting for self-discovery and developing social skills, long- and short-term courses in this type of therapy are increasing in popularity. This manual provides a detailed description of both long- and short-term versions of group analytic therapy, with rich and vivid clinical examples to illustrate theory and techniques. Group Analytic Psychotherapy describes in detail what a participant may expect, differences between short- and long-term therapy and how to behave as a group member, as well as the main issues the clinician has to deal with. Topics covered include: Group Analytic Theory Methodology Clinical Examples Therapist Adherence and Competence Providing a basis for understanding the dynamics of groups at work in offering emotional support and a positive atmosphere, Group Analytic Psychotherapy is ideal for clinicians, students and informed patients as well as all psychodynamically oriented professionals in the field. It is an essential manual for those looking to learn the main attributes of short-term intervention.

This manual provides a detailed description of both long- and short-term group analytic therapy, with examples to illustrate theory and techniques.



54,30 €

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