

Depressive and Bipolar Disorders

Depressive and Bipolar Disorders: Diagnosis, Neurobiology and Therapeutic Innovations offers a comprehensive reference on affective disorders, providing clinical practitioners with invaluable insights into recognition, diagnosis, and treatment strategies. Dr. Vázquez meticulously examines the complexities of major depressive disorder and bipolar disorder, shedding light on the challenges of distinguishing between these conditions, particularly when manic or hypomanic episodes are not readily apparent. From historical perspectives to the latest DSM criteria, this book thoroughly examines depressive disorders and the variability in their clinical course. By highlighting mixed states and their implications for suicide risk, exploring the neurobiology and genetics underlying mood disorders, and discussing practical diagnostic tools and pharmacological interventions, this book equips readers with essential knowledge. Accessible language and comprehensive coverage make this an indispensable resource for healthcare professionals, offering insights that can profoundly impact individuals grappling with these challenging mental health conditions.

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