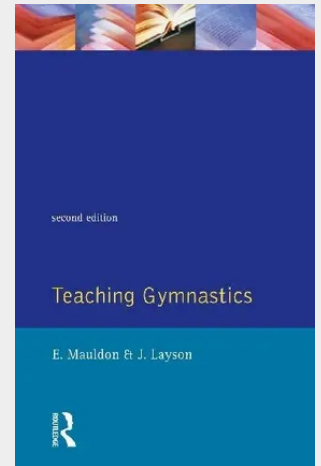


Teaching Gymnastics

This practical book is designed to help not only the specialist, but also the primary and middle school teacher, whose responsibility it is to provide gymnastic education. Opening chapters discuss the historical context of gymnastics and provide a discussion of the relevance of the subject within the curriculum. It will provide help in the essentials of organising each lesson, including general teaching points, teaching styles and strategies to employ and develop, material to use and the appropriate and creative use of apparatus.

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