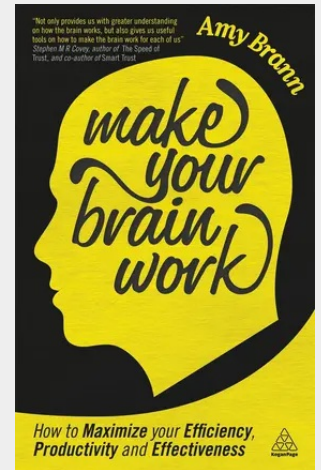


Brann

Make Your Brain Work

How to Maximize Your Efficiency, Productivity and Effectiveness

Everyone wants to be more effective at work and to get maximum impact from minimum effort. *Make Your Brain Work* shows you how to do this, using the latest insights from neuroscience about how our mind works and what really makes us tick. Author **Amy Brann** is an expert in brain science, but you don't have to be: she has distilled the key findings you need into non-technical, practical guidance. Read this clear, engaging book and discover the things you can do to get yourself functioning at the top of your capabilities, more of the time. Learn the habits, techniques and behaviours that will get you the results you want, by making your brain work for you. Leave stress, overwhelm, negative moods and poor time management behind - ***Make Your Brain Work*** is your passport to a new improved you!



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