

Mitchell

50 Top Tools for Employee Wellbeing

A Complete Toolkit for Developing Happy, Healthy, Productive and Engaged Employees

In a world of political and economic uncertainty where stress and unhappiness are on the rise, improving employee wellbeing has never been more important. But with budgets being squeezed and the constant need to do more with less, this can seem like an insurmountable task. **50 Top Tools for Employee Wellbeing** shows that interventions don't need to be expensive or time-consuming. It contains practical tools for immediately improving staff wellbeing, resulting in happier, more engaged and more productive employees. Each tool in the book includes guidance on when to use it, how to get the most out of it and - most importantly - how to measure its impact to show what's working and where efforts are best focused. Addressing all the key areas of the subject, from career development and workplace culture to physical, mental and financial wellbeing, this is a complete resource for improving your workforce's wellbeing.

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53,60 €

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Lieferfrist: bis zu 10 Tage

Artikelnummer: 9780749482183

Medium: Buch

ISBN: 978-0-7494-8218-3

Verlag: Kogan Page

Erscheinungstermin: 28.03.2018

Sprache(n): Englisch

Auflage: 1. Auflage 2018

Produktform: Kartoniert

Gewicht: 430 g

Seiten: 280

Format (B x H): 156 x 234 mm

