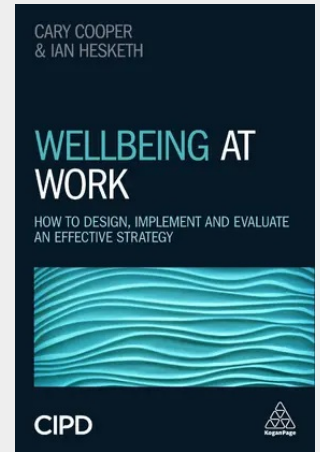


Wellbeing at Work

How to Design, Implement and Evaluate an Effective Strategy

Stress at work is rising year on year, long hours are becoming the norm and presenteeism is increasing across all industries. This is not only having a detrimental effect on employee health, happiness and productivity, but is also impacting the bottom line. HR professionals are uniquely placed to manage this modern workplace crisis by implementing a wellbeing strategy. *Wellbeing at Work* is an essential, practical guide to designing and implementing an effective strategy that will reduce employee anxiety, increase staff engagement and improve overall performance. Written by leading experts in the field, *Wellbeing at Work* takes readers through the entire process, from explaining why a wellbeing strategy is necessary in a fast-changing world of work and technological transformation to building momentum around it, and monitoring, measuring and evaluating its impact. The book also identifies common pitfalls and problems, and how to avoid them, explores important legislative considerations and provides example exercises and tools to use throughout the process. Full of advice, tips and insights from real-world case studies, this is the only book you will need to create a happier, more productive and more profitable organization.



Auf Anfrage

Nicht mehr lieferbar

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