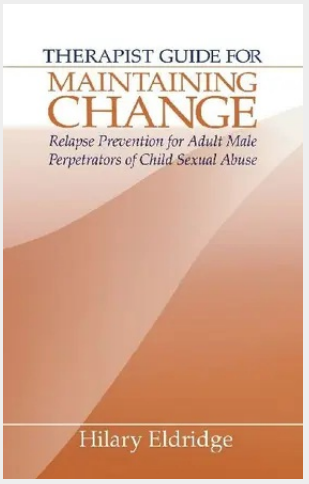
Eldridge

Therapist Guide for Maintaining Change

Relapse Prevention for Adult Male Perpetrators of Child Sexual Abuse



225,20 €
225,20 € (zzgl. MwSt.)

Lieferfrist: bis zu 10 Tage

This set includes a text and workbook. Providing step-by-step guidelines for relapse prevention with adult male sex offenders who abuse children, the Maintaining Change for Adult Male Perpetrators of Child Sexual Abuse is based on Hilary Eldridge's experience of piloting this unique cognitive-behavioral treatment approach in community-based, secure hospital, and prison sex offender programs. The book is designed to be used in conjunction with the three-phased program of its companion, A Personal Manual for Maintaining Change. In Maintaining Change for Adult Male Perpetrators of Child Sexual Abuse, Eldridge presents the theoretical base for using relapse prevention, including information on the relapse process and its implications for assessment of perpetrator patterns, as well as interventions in those patterns and maintenance of change. The book provides the therapist or counselor with guidelines, suggestions, and descriptions covering rationale for the exercises used in each phase, how to introduce the exercises, how to deal with client questions and resistance, different ways of explaining the material, and sample therapist-client dialogues. Well integrated into existing programs, this treatment package is ideal for all who work in a professional capacity with adult male sex offenders and provides a clear map for the excursion into uncharted territories of personal change. This is a professional book for client-oriented self-management or therapy to be supervised by social workers, mental health agencies, prison staff, hospital staff, probation officers, psychologists, and other health care professionals. It also makes an excellent training resource or textbook for therapists, counselors, social workers, nurses, and other mental health professionals.

Providing step-by-step guidelines to relapse prevention with adult male child sex abusers, this guide is based on the author's experience of piloting a unique cognitive-behavioural treatment approach in community-based, secure hospital and prison sex offender programmes. Hilary Eldridge presents the theoretical base for relapse prevention, and includes information on: the relapse process and its implications for assessment of perpetrator patterns; intervention in those patterns and maintenance of change; rationale for the exercises used in each phase; how to introduce the exercises; how to deal with client questions and resistance; and different ways of explaining the materials. The author also provides sample therapist//client dialogue.

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