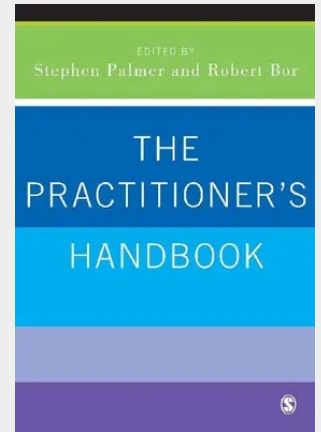


The Practitioner's Handbook

A Guide for Counsellors, Psychotherapists and Counselling Psychologists (First Edition)

'I would recommend The Practitioner's Handbook as a useful resource for therapists concerned with their professional development and the development of others' - Therapy Today, February 2009 The Practitioner's Handbook is an essential guide to professional development in counselling, psychotherapy and counselling psychology. In a friendly and informal style, the Handbook addresses the key concerns and questions most frequently raised by newly qualified practitioners, including: how to avoid complaints and litigation how to write client reports how to interpret medical and psychiatric assessments. The Handbook also outlines different avenues for career development (such as research, supervision, training or management), providing the reader with practical hints and guidance on how to take the next career step and organize continuing professional development. The Practitioner's Handbook is the ideal companion for newly qualified practitioners and those nearing the end of their professional training. Leading contributors share their knowledge and experience on key topics, making the Handbook an indispensable guide for continuing professional development. Professor Stephen Palmer is an Honorary Professor of Psychology at City University in the Department of Psychology and he is Director of the new Coaching Psychology Unit. He is also founder of the Centre for Stress Management. Professor Robert Bor is Consultant Clinical Psychologist at the Royal Free Hospital, London.

The Practitioner's Handbook is an essential guide to professional development written for qualified practitioners as well as those nearing the end of their training. Written in a friendly and informal style by contributors from a range of professional backgrounds, this new text addresses those concerns and questions most frequently raised by practitioners.



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