

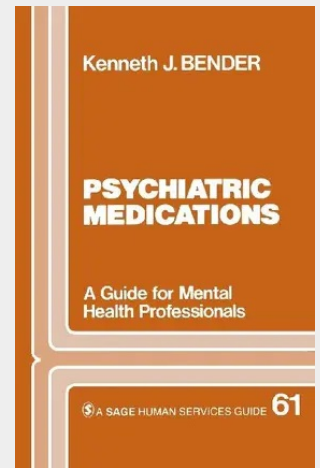
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## Psychiatric Medications

A Guide for Mental Health Professionals

There is increasing evidence that mental health problems are influenced by biochemical factors and that suffering from these problems can be relieved through medication - which, when paired with psychotherapy, is a vital resource that facilitates the client's ability to change. This guide provides practical information about the use of medication for mental health problems: which drugs to use when, brand and generic names, how the medication works, common dosages and side effects.

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