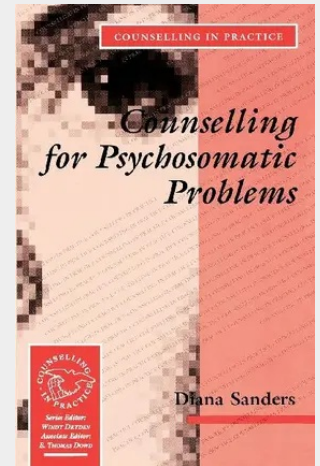


Sanders

Counselling for Psychosomatic Problems

New approaches from cognitive therapy have made significant advances towards helping clients with psychosomatic problems. This practical and comprehensive guide describes a cognitive way of working with clients who present for counselling with physical symptoms, but where psychological issues or problems are causing or maintaining those symptoms.

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