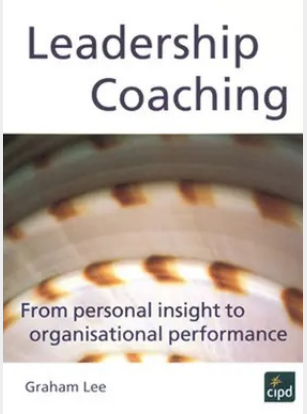
Lee

Leadership Coaching

From Personal Insight to Organisational Performance

Effective leadership coaching can drastically improve performance. However, good coaching is more than just passing on your own business experience. Developing authentic leadership through coaching is about changing deeply personal, often unconscious, elements of a manager's behaviour. In ***Leadership Coaching*** , Graham Lee explains to coaches how to be more sophisticated in their understanding of psychology and how to develop the skills needed to work on both the psychological and the practical elements of improving managerial performance. ***Leadership Coaching*** sets out a five-stage coaching model, and works through each of these stages in detail, highlighting the skills that coaches require and the issues they are likely to face. It also offers HR managers sponsoring coaching an understanding of the competencies necessary for effective coaching and provides a standard procedure for buying in coaching services. Supported by a wide range of case studies throughout the book, this is valuable reading for both in-house and external coaches looking to effectively develop leaders and managers in organizations.



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