

Relapse

Conceptual Research and Clinical Perspectives

This highly valuable book provides information on the problem of relapse in alcoholism and drug addiction. Experts address conceptual issues, summarize research on relapse, and explore a variety of theoretical and clinical models of relapse prevention. Several chapters describe practical applications of relapse prevention approaches used in both inpatient and outpatient clinical settings. Rather than adhere to one particular approach, this volume presents diverse viewpoints on clinical applications of relapse prevention. Intended for all professionals in medicine, psychiatry, social work, psychology, and nursing who work with individuals who have alcohol or other drug problems. Of particular interest to clinicians who treat alcoholics and drug abusers as well as administrators or supervisors who wish to develop and implement new types of relapse prevention programs. Unique in that it addressed conceptual, research, and clinical perspectives. Contributors, many who have published extensively on the subject, include a range of individuals, from those involved in academic research to those who work on the front lines in treatment facilities. **SOFT BACKCOVER COPY** Relapse: Conceptual, Research, and Clinical Perspectives provides new and valuable information on the problem of relapse with alcoholics and drug addicts. Some of the most respected authorities in the field describe practical applications of relapse prevention approaches used in both inpatient and outpatient clinical settings. They also discuss important conceptual issues, review the research on relapse, and explore theoretical and clinical models of relapse prevention. In recent years, increasing attention has been paid to the problem of relapse in chemically dependent individuals. With advanced research into the causes of relapse and the effectiveness of relapse prevention treatment models and new approaches to relapse prevention, more patients and their families are receiving specialized relapse prevention education and treatment focusing on long-term maintenance. Subsequently, all professionals in medicine, psychiatry, social work, psychology, and nursing who work with individuals who have alcohol or other drug problems will find it essential to read this up-to-the-minute volume. Clinicians who treat alcoholics and drug abusers and administrators or supervisors who wish to develop and implement new types of relapse prevention programs will applaud the comprehensive insights and applications featured in Relapse: Conceptual, Research, and Clinical Perspectives. Here's what you will find: A summary of the existing research and literature on relapse and relapse prevention, providing a broad overview of the current state of knowledge. A description of four clinical treatment approaches commonly used in the chemical dependency field--the cognitive-behavioral approach based on the self-efficacy theory, the Psychoeducational Model of Relapse Prevention, the Marlatt and Gordon "self-management" approach, and the CENAPS model. An examination of the content and structure of relapse prevention programs and the application of various approaches in several clinical contexts, including a six-month outpatient program, an intensive nonresidential rehabilitation program, a 28-day residential program, a therapeutic community, and a program used with adult chronic marijuana users.

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