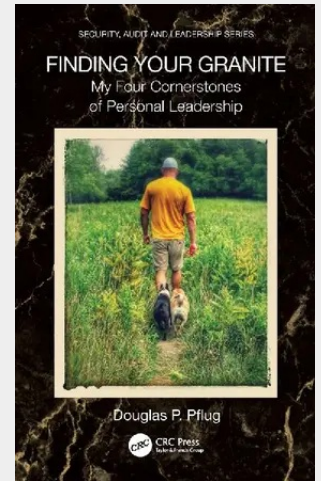


Pflug

Finding Your Granite

In "Finding your Granite", Executive Leadership Coach and Mentor Douglas Pflug walks you through some of the life experiences, lessons and key take-ways from his years as a dual sport university athlete, 28 years as a police officer, 30 years as an elite strength and conditioning coach, mentor and leader. Douglas accomplishes this through four very dynamic, energetic and heartfelt sections entitled: "The Struggle" "Dash Leadership" "Four Cornerstones of Personal Leadership" and "Rise Up and Excel". The Author's mentoring and protégé process and implementation of #RiseUpAndExcel and #StrongerFasterFitter methodologies assists people in discovering "who they were, who they are and whom they want to be" moving forward in this post COVID 19 world. This book was written through the eyes of an "everyday guy" and designed to educate, entertain and inspire front line 911 emergency workers to seek and achieve their potential. Additionally, this book will also be an essential resource for individuals and business leaders who wish to stay ahead of the evolving leadership trends of strategic thinking, inspiration and motivation, strong interpersonal skills, vision, decisiveness and passion.



97,00 €

97,00 € (zzgl. MwSt.)

Lieferfrist: bis zu 10 Tage

Artikelnummer: 9781032034102

Medium: Buch

ISBN: 978-1-032-03410-2

Verlag: CRC Press

Erscheinungstermin: 17.02.2022

Sprache(n): Englisch

Auflage: 1. Auflage 2022

Serie: Security, Audit and Leadership Series

Produktform: Gebunden

Gewicht: 581 g

Seiten: 276

Format (B x H): 161 x 240 mm

