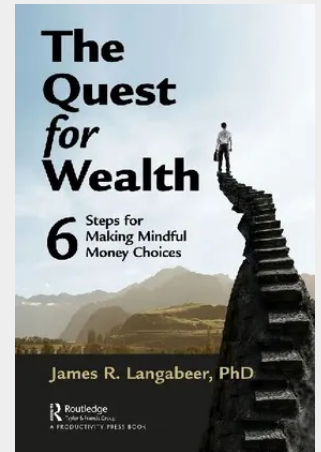


The Quest for Wealth

6 Steps for Making Mindful Money Choices

The Quest for Wealth - A Roadmap for Mindful Money Choices - Winner of the 2023 Bronze Medal, Global Book Awards for Business & Money Have you ever made a terrible money choice? Like most people, you are probably living paycheck to paycheck and wondering if you will ever be able to retire or get out of debt. You might find yourself working an extra job and still not getting ahead. The numbers are staggering, with average American consumer debt exceeding six figures with little cash reserves. The coronavirus pandemic has only fueled our uncertainties and fear. It doesn't have to be this way. Wealth is not only about making more money—it is about learning how to align and improve our brain's emotional and analytical functions. Wealth is about making more mindful money choices. But you also need a proven path to follow. In The Quest for Wealth, internationally acclaimed author James Langabeer shares his 6-step Mindful Money Management Model. With the right tools and practices, you have all you need to be financially independent. The financial decision strategies offered in this book will help you learn how to tame your brain and get on the road to wealth. James Langabeer, Ph.D., is a behavioral economist who coaches leaders on improving decision-making around wealth and health. With training in both decision sciences and finance, James' passion is to enhance prosperity and reduce wealth inequality for everyone.

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