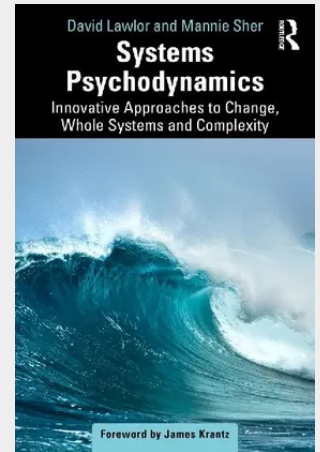


Systems Psychodynamics

Innovative Approaches to Change, Whole Systems and Complexity

In the second of this three-volume series, the authors expand on the theory and practice of systems psychodynamics – which integrates psychoanalytic thinking, open systems theory and complexity theory – in its applications to consultancy work in organisations and wider social contexts. Multidisciplinary and multitheoretical in nature, the systems psychodynamics paradigm develops from the understanding that no single theory or approach explains the complex nature of organisational systems. Replete with explanations of key theories, practical guidance and exercises, this book demonstrates how systems psychodynamics can be used by consultants to plan and put into action organisational changes in four main areas: change planning and management; action research and evaluation; leadership and whole systems; and professional development and next steps. In light of systems psychodynamics, rather than functioning as a leader of change processes, the role of an organisational development consultant is one of providing containment, understanding and facilitation for others to take up their leadership roles responsibly in their change processes. With a focus on practical application in real situations, this book will be invaluable for psychoanalysts, managers, policymakers, consultants and researchers in a wide range of professional and clinical settings.

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