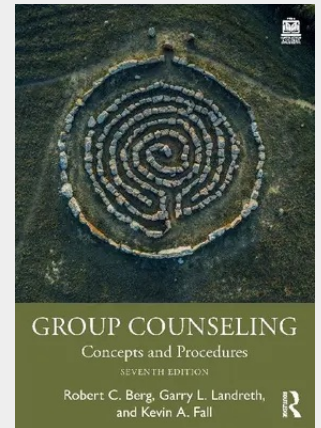


Group Counseling

Concepts and Procedures

First published in 1979, Group Counseling has consistently been a widely used and praised text, providing both novice and experienced counselors with a framework from which to expand group counseling skills and knowledge. This revised seventh edition offers a reader-friendly and engaging journey through the group process that is congruent with CACREP standards and the 2021 Association for Specialists in Group Work (ASGW) practice standards and grounded in the most cutting-edge research and theory. The authors present a thorough discussion of the rationale for using group counseling with an emphasis on the group's role as a preventive environment and as a setting for self-discovery. The book examines the group facilitator's internal frame of reference and ways to overcome initial anxiety about leading groups, and also explores typical problems in the development, facilitation, and termination of the group process and provides suggested solutions. Individual chapters are included to explore the application of group counseling with children and adolescents. New additions include a thoroughly revised chapter on diversity competencies and the importance of social justice, along with expanded sections on group assessment and co-leadership, as well as increased use of sample group dialogue to highlight content and process dynamics. Educators and students of graduate group courses in counseling, social work, and psychology will find this new edition seamlessly blends new research and theory with the best elements from past editions.



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