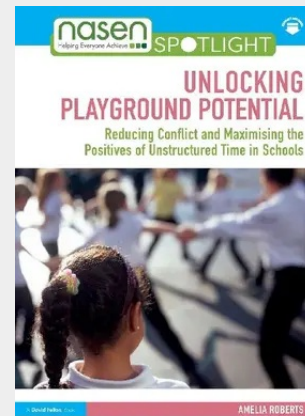


Unlocking Playground Potential

Reducing Conflict and Maximising the Positives of Unstructured Time in Schools

Playgrounds, breaktimes and lunchtimes are a crucial part of the school day but can often be a significant source of worry for both staff and students. This book brings together the most relevant research and practical insights from schools to understand the underlying reasons behind stress and conflict and to find creative ways to turn playtime into a positive experience for all. Chapters cover a range of key topics, from playground design and staff training to supporting student interactions and reducing bullying. Full of practical ideas for improving wellbeing across school settings, the book: - Breaks down research into easily digestible chunks, explaining key theories and incorporating contributions from researchers in the field. - Contains advice on using playground maps to understand students' opinions of different areas and engage them in redesigning play elements such as games and sensory circuits. - Provides ideas for whole-school approaches to rethink 'hotspots' such as tricky transitions back into lessons or lunchtimes that just don't work. - Includes a wealth of case studies showcasing the ways in which different schools have made the most of playtime, alongside reflection opportunities for the reader and reflections from practitioners. This book will help schools to turn breaktimes back into opportunities for exploring friendship, reducing stress and enhancing learning through play and social interaction. It is essential reading for senior leadership teams, SENCOs, teachers and playground supervisors.

Playgrounds, breaktimes and lunchtimes are a crucial part of the school day but can often be a significant source of worry for both staff and students. This book brings together the most relevant research and practical insights from schools to understand the underlying reasons behind stress and conflict and to find creative ways to turn playtime into a positive experience for all. Chapters cover a range of key topics, from playground design and staff training to supporting student interactions and reducing bullying. Full of practical ideas for improving wellbeing across school settings, the book: - Breaks down research into easily digestible chunks, explaining key theories and incorporating contributions from researchers in the field. - Contains advice on using playground maps to understand students' opinions of different areas and engage them in redesigning play elements such as games and sensory circuits. - Provides ideas for whole-school approaches to rethink 'hotspots' such as tricky transitions back into lessons or lunchtimes that just don't work. - Includes a wealth of case studies showcasing the ways in which different schools have made the most of playtime, alongside reflection opportunities for the reader and reflections from practitioners. This book will help schools to turn breaktimes back into opportunities for exploring friendship, reducing stress and enhancing learning through play and social interaction. It is essential reading for senior leadership teams, SENCOs, teachers and playground supervisors.



33,50 €

33,50 € (zzgl. MwSt.)

vorbestellbar, Erscheinungstermin ca.
Mai 2026

Artikelnummer: 9781032528786

Medium: Buch

ISBN: 978-1-032-52878-6

Verlag: Taylor & Francis Ltd

Erscheinungstermin: 21.05.2026

Sprache(n): Englisch

Auflage: 1. Auflage 2026

Serie: nasen spotlight

Produktform: Kartoniert

Gewicht: 453 g

Seiten: 206

Format (B x H): 210 x 297 mm

