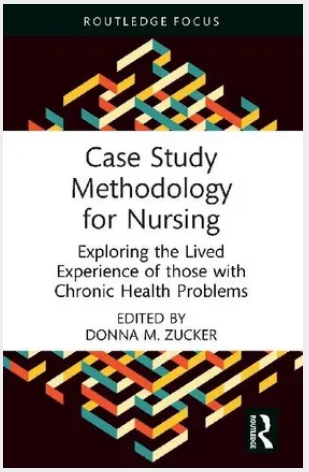
Zucker

Case Study Methodology for Nursing

Exploring the Lived Experience of those with Chronic Health Problems

This innovative text introduces and illustrates case study methodology for nursing research by exploring how it can be used to uncover the varied and complex life experiences of persons with chronic illness and post-traumatic stress conditions. Nursing practice demands care and compassion, but often nurses do not have the tools to examine their clients' health and wellness experiences. This book presents an approach to finding shared solutions for common health problems from a nursing perspective. It provides readers with the tools to develop their own case study approach and the skills to translate their findings into innovative ways to influence nursing care for people across their health/illness trajectories. Rather than a prescriptive approach to care, it highlights the necessity of understanding what people are feeling, thinking, and doing to enhance health and improve quality of life. This book is an essential read for nursing and qualitative health researchers. It is also an important companion for clinicians and academics concerned with caring for people with chronic illness and post-traumatic stress conditions.



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