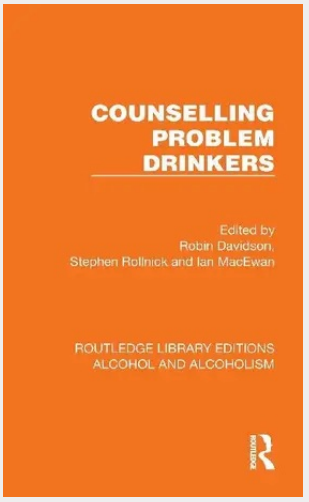
Davidson / Rollnick / MacEwan

Counselling Problem Drinkers

How far should counselling be tailored to an individual's needs? What intervention is most effective for which kind of problem drinker? How can the counsellor successfully guide the client through the process of deciding to change? Originally published in 1991, Counselling Problem Drinkers provides an illuminating and invaluable guide for the counsellor trying to help clients control their drinking. Written in a clear, straightforward way, it offers practical but imaginative advice, and places alcohol counselling firmly in context.



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