

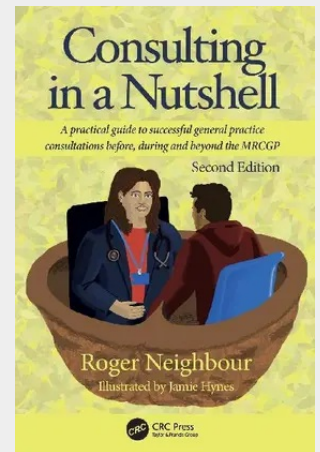
Consulting in a Nutshell

A practical guide to successful general practice consultations before, during and beyond the MRCGP

Praise for the first edition: '...a unique book, written by a unique GP. There is no one better placed to pull together decades of learning and experience on how to achieve the greatest success in the general practice consultation. The relaxed pace of writing, the accessible examples, the clear narrative and the engaging anecdotes make this a resource that is accessible and useful to all who seek to improve their clinical consulting skills.' Helen Stokes-Lampard, former Chair of the Royal College of General Practitioners 'Excellent and easy to remember structure; this is the approach I'll use daily.' GP ST3

The second edition of this well-received book, fully revised to reflect changes to the RCGP Membership examination, helps GPs to establish ways of thinking, talking and behaving in the consultation that are most likely to lead to good outcomes. It describes a simple three-part approach to the consultation's essential task, which is to convert a patient's problem into a plan acceptable to both patient and doctor. It combines reader-friendly explanations, helpful illustrations and examples from everyday practice. Consulting in a Nutshell will help GPs at every career stage – from medical student to SCA candidate to experienced practitioner – to analyse, develop and grow their personal consulting style. At a time of ongoing and profound change in primary care, it aims to ensure that seeing patients and having good consultations becomes and remains a source of satisfaction and fulfilment.

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58,60 €

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Lieferfrist: bis zu 10 Tage

Artikelnummer: 9781032610894

Medium: Buch

ISBN: 978-1-032-61089-4

Verlag: CRC Press

Erscheinungstermin: 09.02.2024

Sprache(n): Englisch

Auflage: 2. Auflage 2024

Produktform: Kartoniert

Gewicht: 365 g

Seiten: 234

Format (B x H): 156 x 234 mm

