

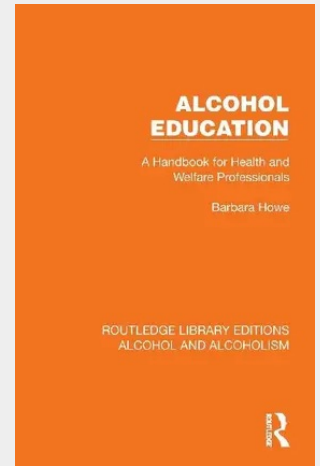
Howe

Alcohol Education

A Handbook for Health and Welfare Professionals

Alcohol education in the 1980s was receiving greater emphasis in the training and practice of a wide range of health and welfare professionals. As we became more aware of the risks associated with excessive drinking, this practical, straightforward guide, originally published in 1989, would have been essential reading for health and welfare workers who were keen to develop the alcohol education aspect of their work and enable their clients and patients to use alcohol in a harm-free way. Barbara Howe looks at alcohol education in context, clarifying its role and place in the day-to-day work of health and welfare professionals at the time. She also discusses common myths and misunderstandings about alcohol among professionals and their clients. She describes various approaches to alcohol education and includes a series of practical exercises for use with individuals and families, aimed at increasing professionals' confidence and competence in broaching the subject of alcohol. Although working practices may have changed since first publication, much of this title will still be useful today.

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