

Booker

Alcohol at Work

Tackling Workplace Drinking to Improve Wellbeing

From uninsured losses to workplace injuries, from absenteeism to addiction, alcohol consumption can have a major impact on the workplace. Lost productivity alone costs the UK economy more than £7 billion annually. What's more, the impact of alcohol abuse on the employee and those around them is a wellbeing issue that all employers need to be alert to, especially with many now choosing to work from home. Alcohol at Work: Tackling Workplace Drinking to Improve Wellbeing will guide health and safety professionals through the practical steps that they can take to mitigate risk and improve wellbeing, safeguarding and inclusivity. The book explores key topics such as driving legislation, the use of alcohol testing, stressful jobs and designing and implementing an alcohol policy that uses practical examples that highlight common workplace scenarios. It translates evidence-based research into workable solutions using tools that enable organisations to influence workplace culture, policies and practices so they can meet their legal obligations and ensure a thriving workforce. It delves into the legal aspects of alcohol abuse at work, offering treatment and adopting an alcohol and wellbeing policy for a business. This comprehensive guide will help the reader to understand and adopt practices that mitigate the risks of employees developing an alcohol problem and ensure that employers can tackle the issue head-on should it arise. This book is an essential read for any professional in occupational health and safety, human resources, business and management, policy creation, insurance and corporate governance.

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120,90 €

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Lieferfrist: bis zu 10 Tage

Artikelnummer: 9781032645988

Medium: Buch

ISBN: 978-1-032-64598-8

Verlag: CRC Press

Erscheinungstermin: 29.07.2025

Sprache(n): Englisch

Auflage: 1. Auflage 2025

Produktform: Gebunden

Gewicht: 455 g

Seiten: 188

Format (B x H): 161 x 240 mm

