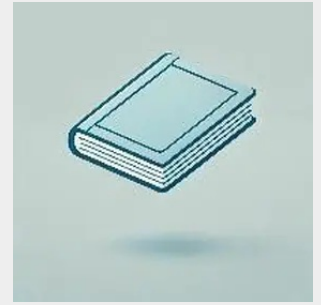


Ahmed-Poole

Learning from Lived Experience in Trauma-Informed Practice

An Educator's Guide for Schools, Communities and Beyond

This book explores the impact of trauma in educational contexts, drawing on lived, learned and professional experience to rethink how we can design and deliver our services for the better. The book takes readers on a journey to understand trauma, its prevalence and the impact it has on children and young people, on teachers and on the education system as a whole. Chapters examine what trauma-informed practice really means and consider how trauma-informed thinking can be embedded into educational policies. With lived experience at its heart, it explores the power of relationships, as well as the difference educators can make by implementing small changes and gaining a holistic picture of each learner. The book advocates for a change in our thinking, emphasising the crucial role schools can play in creating an education system that truly understands the impact of trauma on educational and societal outcomes. With examples from practice and reflection opportunities throughout, this book is valuable reading for senior leadership teams and all educators wanting to further understand journeys through trauma and to make meaningful changes to their practices and settings.



27,50 €

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*vorbestellbar, Erscheinungstermin ca.
Januar 2027*

Artikelnummer: 9781032646756

Medium: Buch

ISBN: 978-1-032-64675-6

Verlag: Taylor & Francis Ltd

Erscheinungstermin: 15.01.2027

Sprache(n): Englisch

Auflage: 1. Auflage 2027

Produktform: Kartoniert

Gewicht: 453 g

Seiten: 238

Format (B x H): 156 x 234 mm

