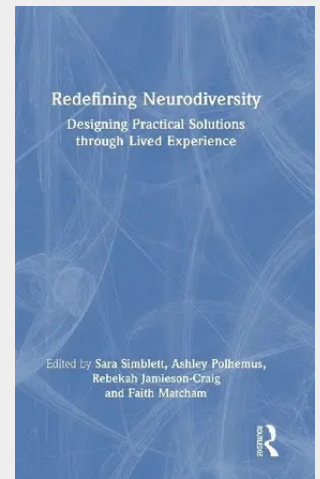


Redefining Neurodiversity

Designing Practical Solutions through Lived Experience

Redefining Neurodiversity is a transformative exploration of neurodiversity, redefining how we perceive and engage with cognitive differences. By blending scientific research with personal narratives, this book highlights the lived experiences of neurodivergent individuals - challenging outdated deficit-based models and advocating for inclusive, strength-based approaches. This book brings together voices from a diverse range of neurodivergent individuals, researchers, clinicians, and educators to redefine neurodiversity beyond traditional medical models. It examines neurodevelopmental conditions, acquired neurological differences, and the intersection of mental health and cognitive diversity. Through compelling personal stories, Redefining Neurodiversity highlights the real-world challenges and triumphs of neurodivergent individuals, illustrating how systemic barriers in education, employment, and healthcare can be dismantled. The book provides practical recommendations for fostering inclusive environments where neurodivergent people are not merely accommodated but truly valued. It is a call to shift perspectives - from remediation to empowerment and from exclusion to belonging. The book also has been written in support of The Barbara Wilson Centre CIC, a new organisation that provides services to support people who have neurodiverse needs. This book is an essential read for academics, clinicians, educators, policymakers, industry professionals and anyone seeking to better understand neurodivergence. Whether you are neurodivergent yourself, work alongside neurodivergent individuals, or wish to build a more inclusive society, Redefining Neurodiversity offers insights that are both intellectually rigorous and deeply human.

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