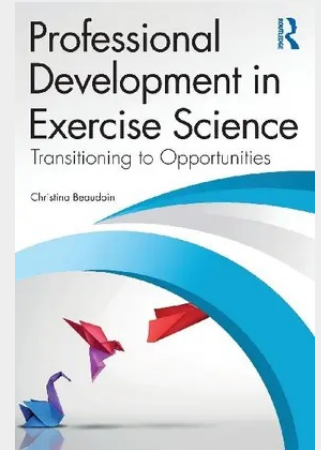


Professional Development in Exercise Science

Transitioning to Opportunities

Professional Development in Exercise Science prepares students and complements their extensive academic foundation for a career or professional opportunity within the field of exercise science. This textbook provides students with the knowledge and skills to bridge gaps more effectively between their academic preparation and their chosen profession. There is an extensive array of career and professional options for students within exercise science, and this textbook will help develop a deeper understanding of how to navigate the personal and professional world confidently. The textbook integrates insights from communication, business, leadership, psychology, and exercise science to explore the dynamic interplay between the personal and the professional realms, providing a deeper understanding of the interconnections between the two. This new text, the first of its kind in the field of exercise science, is invaluable for all exercise science and kinesiology students. Students aspiring to careers within the discipline and related sub-disciplines, as well as those exploring postgraduate studies, will gain insights into the critical intersections between personal growth and professional achievement.



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