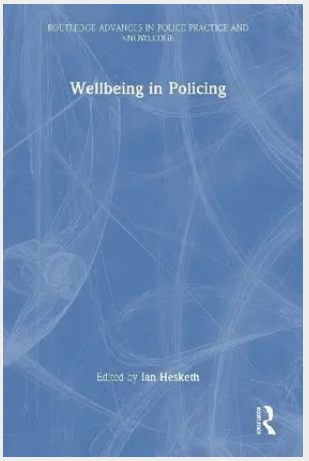
Hesketh

Wellbeing in Policing

Health and wellbeing at work is now a strategic issue for police organisations not just in the UK but across the developed world. This book provides insight into the issues that police organisations need to consider within this strategy. The purpose of this book is to collate current thinking from experts in the field of wellbeing in policing. In doing this, the book aims to be the go-to resource for all those involved with wellbeing in policing, whether they are studying this fascinating of professions, are considering embarking on a career in policing or both. This book reflects the burgeoning interest in wellbeing as a subject of study and brings together expert commentary, advice and guidance on all aspects that are known to impact policing. It contains the latest evidence of what works (politics and finance aside) and will provide readers with references to the very latest studies in the UK. Unlike other books in the field, this is written from multiple dimensions. This is key reading for Professional Policing degree students, as well as all those engaged in professional wellbeing, police culture, management, and leadership. It also serves aspiring police officers and current personnel seeking evidence-based strategies to improve organisational health and operational effectiveness.

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