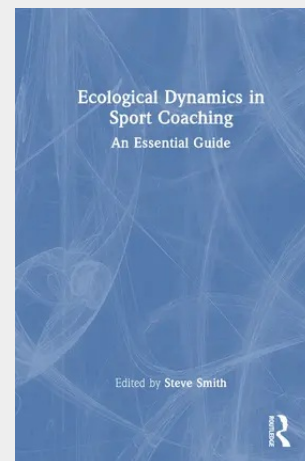


Smith

Ecological Dynamics in Sport Coaching

An Essential Guide

Ecological Dynamics in Sport Coaching provides coaches and students with sport-specific guidance to coaching within the ecological dynamics framework, presenting guidance to support coaches in creating representative learning designs that will enhance skill acquisition and sport performance. Ecological Dynamics is a theoretical framework that attempts to understand how perceptual-motor skills are acquired and controlled within an environment of complex actions. This new textbook explores contemporary sport-specific research to identify the key perceptual information that is unique for each sport and combines findings with expert practitioner experience to provide guidance on how to coach using ecological dynamics. Organised in three sections, Ecological Dynamics in Sport Coaching first presents the principles of coaching with ecological dynamics. And then moves on to provide sport-specific guidance based in skill acquisition practice and performance research, to create representative learning environments. This new volume is key reading for undergraduate and postgraduate students, researchers, and coach practitioners in the fields of sport coaching, skill acquisition, physical education, physical activity, and movement science.



Auf Anfrage

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