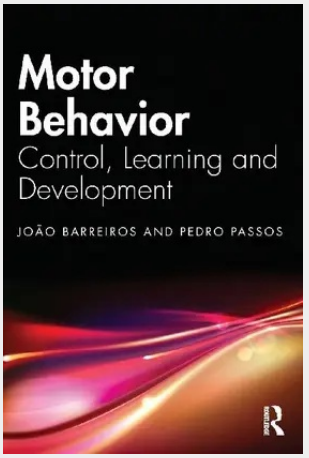
Barreiros / Passos

Motor Behavior

Control, Learning and Development



Motor Behavior: Control, Learning and Development explores the realm of Motor Behavior, a field intricately examining human action and movement across a lifetime – from their initial acquisition to refinement and evolution. This discipline provides a profound lens through which we comprehend the complex dynamics of human physicality. Presented across four sections, each progressively guiding the reader from fundamental insights into the workings of the human body to more intricate subjects pertaining to motor control and learning, Motor Behavior: Control, Learning and Development equips readers with a comprehensive understanding of the intricate mechanisms governing the human body during movement. Additionally, this book clarifies current perspectives on control and learning. Recognizing the perpetual evolution of science, there are short stories interspersed throughout the text. These narratives contextualize the unfolding tapestry of scientific knowledge, encouraging readers to adopt an open-minded stance toward the topic. Tailored for students navigating the academic terrain in both bachelor's and master's degrees, this cutting-edge new textbook is essential reading for all students in Motor Control, Motor Learning, Motor Development, Skill Acquisition courses, and related modules.

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