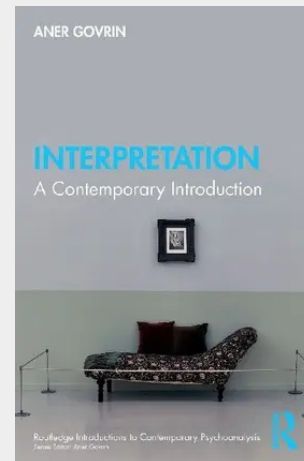


Interpretation

A Contemporary Introduction

Interpretation: A Contemporary Introduction invites readers into the evolving heart of psychoanalytic practice, where interpretation stands as both central mystery and transformative tool. Throughout the book, Aner Govrin traces the evolution of interpretation from Freud's archaeological model of uncovering unconscious wishes, through Klein's immediate interpretive acts in early childhood, Bion's emphasis on containment and creative uncertainty, Winnicott's focus on relational presence and Kohut's revolution of empathic immersion. Contemporary relational and field theories receive in-depth treatment through analyses of landmark papers and clinical moments that illuminate how interpretation heals, transforms and sometimes provokes crisis. Rich clinical vignettes and philosophical reflections bring theoretical debates to life, making complex ideas both rigorous and accessible. Readers gain practical understanding of how different interpretive approaches work in real therapeutic encounters while grappling with fundamental questions about meaning, relationship and therapeutic change. Far from a simple technique, interpretation emerges as a paradoxical process that shapes psychic reality and bridges the gap between knowing and not-knowing. Offering a concise yet thorough introduction to interpretation, this book is a perfect guide for practicing clinicians, graduate students, supervisors and scholars alike interested in psychoanalysis as both clinical practice and intellectual tradition.

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