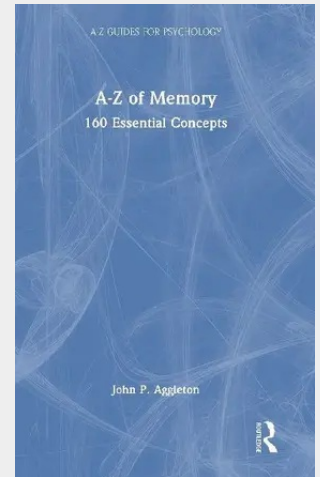


A-Z of Memory

160 Essential Concepts

This book compiles and explains the key terms and core concepts related to memory in an easy-to-navigate A-Z format. The quest to understand how memory works and how it fails remains a cornerstone of both Psychology and Neuroscience; however, defining memory is not easy. At a higher level, memory is sometimes seen as a psychological function for the preservation of information, while other definitions focus on remembering. In this innovative book, John P. Aggleton delves into the many definitions and attributes that constitute memory and guides the reader through over 160 entries ranging from Aging to Repression; Dementia to Working Memory. Each entry explores the various psychological and biological elements of memory and includes recommended further reading and cross-referencing. This guide will serve as an overview and introductory resource for students and scholars involved in memory studies and memory research, as well as practitioners working with sufferers of memory disorders. It will also be of great interest to anyone interested in the utterly remarkable memory skills we all possess.

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