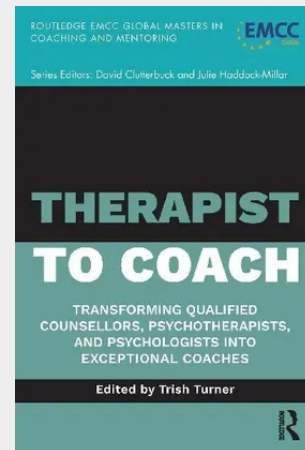


Turner

Therapist to Coach

Transforming Qualified Counsellors, Psychotherapists, and Psychologists into Exceptional Coaches

In recent years, there has been a surge of interest in coaching as a complementary or alternative career path for mental health and therapy professionals. Written in an accessible way, this book is the definitive guide for qualified counsellors, psychotherapists, and psychologists making the thoughtful transition into professional coaching. It explores how therapeutic insight, relational depth, and reflective practice can enrich coaching without crossing into therapy, offering a rigorous and ethical framework for dual-qualified practitioners. Drawing on decades of training and practice experience and expertise, it addresses the identity shifts, boundary considerations, and professional dilemmas that accompany this move. Through theory, practice, and case vignettes, the book provides guidance on competences, ethics, supervision, and positioning, alongside reflections on trauma, culture, and impact. More than a practical manual, it is an invitation to engage critically and creatively with coaching as a distinct professional identity that expands therapeutic expertise while honouring integrity and depth.



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