

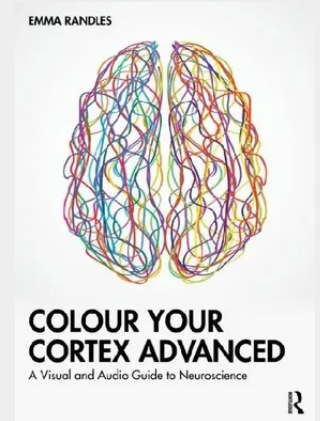
Randles

Colour Your Cortex Advanced

A Visual and Audio Guide to Neuroscience

Bring your learning to life through the mindful art of colouring. Offering an alternative style of learning, this insightful book combines easy-to-follow explanations of human neuroscience with detailed, labelled diagrams to colour in. While colouring, you can sit back, relax, and listen to the accompanying online audio podcast, which clearly explains each topic. This unique interactive book covers a comprehensive introduction to neuroscience, including a detailed introduction to neurons and their functions. Using a conversational tone throughout, each chapter engages the reader with succinct descriptions of each topic, allowing them to easily digest and process the information, as they colour in the accompanying diagram. Designed to simplify complex concepts into bite-sized, understandable chunks, this is the ideal resource for psychology, neuroscience, nursing, and medical students who prefer visual and audible methods of learning. This book is also for anyone interested in understanding more about human neuroscience, but with a little fun, creativity, and relaxation along the way.

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