

Murray

Jacques Lecoq

This volume offers a concise guide to the teaching and philosophy of one of the most significant figures in twentieth century actor training. Jacques Lecoq's influence on the theatre of the latter half of the twentieth century cannot be overestimated. Now reissued Jacques Lecoq is the first book to combine: - an historical introduction to his life and the context in which he worked - an analysis of his teaching methods and principles of body work, movement, creativity, and contemporary theatre - detailed studies of the work of Theatre de Complicite and Mummenschanz - practical exercises demonstrating Lecoq's distinctive approach to actor training.

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