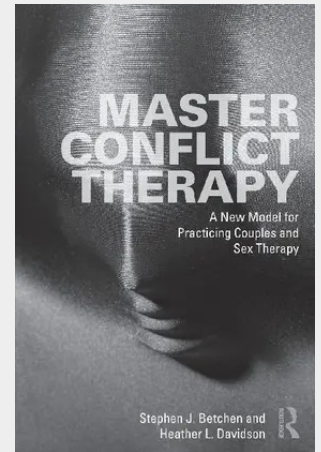


Master Conflict Therapy

A New Model for Practicing Couples and Sex Therapy

Illustrated with case studies, this book teaches couples and sex therapists the comprehensive, integrative treatment approach of master conflict therapy (MCT), which combines psychoanalytic conflict theory and Bowen Theory with the basic principles and practice of sex therapy. MCT suggests that each partner has an internal conflict born out of their experiences from their respective families of origin. Partners then choose one another based on these conflicts, and it is only when they are out of balance that the couple experiences symptoms. The authors help clinicians treat couples through providing them with a solid theoretical foundation, a practical assessment procedure, and highly effective treatment techniques to re-balance a couple and, in turn, alleviate their sexual symptoms.

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