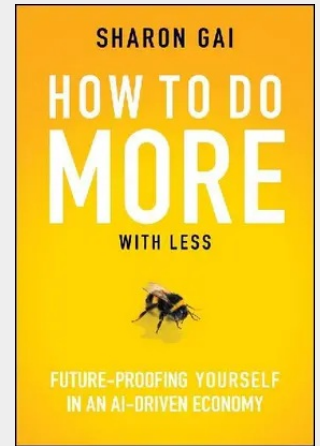


How to Do More with Less

Future-Proofing Yourself in an AI-driven Economy

An honest and practical strategy guide to working in a world transformed by AI In today's workplace, headlines about artificial intelligence can feel overwhelming. With headlines swinging between promises of utopia and warnings of mass unemployment, for most knowledge workers, the truth feels unclear. In this book, Sharon Gai cuts through the noise. Drawing from real-world examples and global insights, she explains how AI is reshaping the way we work—without hype or fearmongering. Instead of choosing between blind optimism or outright pessimism, she offers a practical, balanced perspective that helps readers make sense of the rapidly evolving AI landscape. You'll learn how to: - Reskill and future-proof your career in the face of AI disruption - Identify which parts of your role can be automated, and which require human creativity and judgment - Use proven frameworks to evaluate AI's impact on your work and your organization - Apply actionable tips and tools to boost productivity, make smarter decisions, and do more with less - Gain clarity as a parent, leader, or professional navigating what this means for the next generation Whether you're an employee anxious about your future, a parent concerned about your children's opportunities, or a leader managing a lean team with tight budgets, this book provides the strategies and mindset you need to adapt so you can stop worrying and start preparing.

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