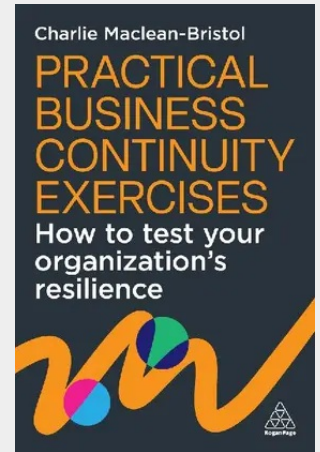


Practical Business Continuity Exercises

How to Test Your Organization's Resilience

How can leaders ensure business continuity plans deliver proven results under real-world pressures? *Practical Business Continuity Exercises* is a strategic guide for business continuity leaders and managers who need tools to test their organization's resilience to disruption. From cyberattacks and IT failures to supply chain breakdowns and geopolitical crises, this book shows how to design exercises that protect operations, safeguard reputation and secure long-term stability. Written by **Charlie Maclean-Bristol**, it provides a guidance for developing exercises that align with global standards including ISO 22301:2019 and ISO 22398:2013. Through expert insight, it equips leaders to stress-test their organization's business continuity plans, measure performance and ensure ROI on resilience investments. You'll learn how to: - Select the most effective exercise to match organizational priorities - Strengthen leadership decision making in simulated high-pressure scenarios - Embed risk governance and compliance into continuity strategies - Measure outcomes and sustain resilience with clear, data-led metrics Featuring real-world examples and practical tools, *Practical Business Continuity Exercises* enables leaders to anticipate disruption, maintain stakeholder confidence and deliver lasting organizational resilience. **Themes include:** business continuity exercises, resilience strategy, risk management, ROI in continuity planning



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