

Confident Cyber Security

The Essential Insights and How to Protect from Threats

Make better decisions online, recognize risk sooner and protect yourself from common cyber threats. In today's connected world, cybersecurity depends as much on everyday behavior as on technology. From passwords and data to emails and online requests, small choices can have serious security consequences. Yet cybersecurity is often treated as a technical issue, leaving people unsure what really makes a difference. In **Confident Cyber Security**, cybersecurity expert **Jessica Barker**, bestselling author of *Hacked*, explains why security is everyone's responsibility and how informed actions can dramatically reduce risk. This fully updated third edition shows how attacks really work, how people are targeted and manipulated and how simple steps can prevent serious harm. Considering real-world examples, from Taylor Swift to Marks & Spencer, and written for anyone who needs to work confidently with digital security, it offers a clear, practical guide to spotting threats and taking responsibility for safer ways of using technology, without technical knowledge or specialist training. **About the Confident series.** The **Confident** books are the perfect guides to the key digital skills required in the modern workplace, allowing you to stay fluent without getting bogged down in the detail.

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