

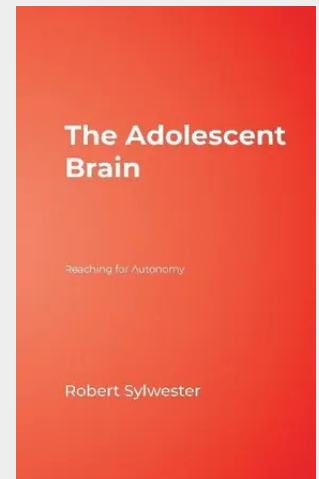
Sylwester

The Adolescent Brain

Reaching for Autonomy

"Excellent advice on dealing with young people. I wish I'd had this book when my own children were adolescents!" —Patricia Wolfe, International Educational Consultant, Mind Matters, Inc. "Written in a reader-friendly manner, the book thoughtfully examines the transition period from childhood to adulthood and combines scholarship from psychology, education, and neuroscience. Loved the graphics!" —Sheryl Feinstein, Associate Professor, Augustana College "Readers will leave this book with a sense of calmness about living or working with adolescents." —Bob Patterson, Training Manager, Discovery Education How the teenage brain thinks, feels, learns, and changes on its journey to adulthood. In this enlightening volume, expert educator Robert Sylvester explains how adults can better understand teenagers through an engaging discussion of the adolescent brain. Readers will learn how to: - Mentor adolescents rather than attempt to manage and control them - Nurture creativity, imagination, and individuality - Understand such critical issues as sexuality and bonding, productivity and vocation, morality and ethics, risk and security, technology and drugs, collaboration and autonomy, and more Familiar examples and nontechnical language make this an accessible resource appropriate for rewarding classroom or family discussion.

Easy-to-understand theories and nontechnical language help educators and parents understand how the teenage brain thinks, feels, learns, and changes on its journey to adulthood.



76,10 €

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